

## Southern Arizona Athletic Trainers' Education Event

Saturday, July 20, 2024 8:00am—3:30pm

DuVal Auditorium, College of Medicine, 1501 N Campbell Avenue

### AGENDA

**8:00am—9:00am**

Check-in, Socialize, & Opening Remarks

*\*Refreshments provided by VEG\**

**9:00am—9:30am**

**EMS & You**

*Philip Hannan, MD*

**9:35am--10:05am**

**Supporting Mental Health Among High School Student Athletes**

*Mykal Manswell, LAC*

**10:20—10:50**

**Decoding Low Back Pain: Assessment & Interventions**

*Jason Klein, PT, DPT, ATC, SCS*

**10:55—11:55am**

**Advances in Concussion Sideline Management**

*Kim Wyand, PT, DPT and Casey Paulk MS, ATC, LAT*

**LUNCH 11:55am—1pm**

*\* Provided by Restore Motion \**

**Lab Sessions**

**1:00pm—3:15 PM**

Rotating lab sessions between the following topics: Decoding LBP, (30min) Bracing Updates (30min), & Advances in Concussion Sideline Management (60min).

*Kristin Golden, MA, ATC, BOC-COF, Casey Thomas, ATC, Amanda Beers, ATC, Jason Klein, PT, DPT, ATC, SCS*

*Kim Wyand, PT, DPT & Casey Paulk MS, ATC, LAT*

**3:15pm—3:30pm**

Closing Remarks

In preparation for the 2024-2025 athletic year, Banner University Medicine is inviting area Athletic Trainers to attend an education & networking event at DuVal Auditorium at Banner University Medical Center.

Join us for topics on EMS Management, Mental Health, Concussion Care, Low Back Pain, bracing updates, with hands-on lab sessions.

Check-in by time of the event to earn  
**4.5 CAT A CEUs.**

*Thank you to all our presenters & sponsors for their support of our education event.*



# Learning Objectives

## Supporting Mental Health Among High School Student Athletes

Mykal Manswell, LAC

- Discuss recent data on the mental health statistics among teenage student athletes
- Implement new coping skills to manage personal well-being
- Explain contributing factors that can negatively impact one's mental health

## Advances in Concussion Sideline Management: Integrating Emerging Technology and Updated Research

Kim Wyand, PT, DPT and Casey Paulk MS, ATC, LAT

- Describe and implement the latest technological advancements in concussion detection and management and practical applications.
- Examine recent research findings on concussion pathophysiology, diagnosis, and treatment to use in enhancing decision-making processes in real-time sideline management.
- Design and implement comprehensive concussion management plans that integrate emerging technologies and updated research.

## Bracing Updates

Kristin Golden, MA, ATC, BOC-COF, Casey Thomas, ATC, Amanda Beers, ATC

- Describe and differentiate oneself with current knee brace options.
- Demonstrate and execute proper measuring and fitting of knee braces.
- Explain and identify clinical applications for knee braces

## Decoding Low Back Pain—Assessment & Interventions

Jason Klein, PT, DPT, ATC, SCS

- Attendees will identify and demonstrate central concepts of evaluation for athletes with low back pain.
- Attendees will be able to implement evaluation concepts to develop comprehensive rehabilitation and management strategies.
- Attendees will be able to identify common patterns of low back pain and differentiate between multiple patient populations.

## EMS & You

Philipp Hannan, MD

- Describe and recall the care of on field cardiac arrest
- Define and review a traumatic brain injury
- Implement recommendations for interacting with EMS

**Register:** Sign-up via [THIS LINK](#)

**Fee:** Free of Charge

**Required Materials & Equipment:** Note Taking Resources

**Format:** Lecture with Digital Projected Presentation & Hands-on Lab Sessions

**Cancellation/Refund Policy:** Email [Janele.Roche@bannerhealth.com](mailto:Janele.Roche@bannerhealth.com) at least 24 hrs in advance if you are unable to attend.

Our Sponsor:  Orthopaedic Surgery

*The University of Arizona Dept of Orthopedics & Sports Medicine (BOC AP#: P12087) is an approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers.*

