

**NEW PATIENT MEDICAL HISTORY -  
CONCUSSION / SPORTS MEDICINE**

PATIENT NAME: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Gender Identity (Optional) \_\_\_\_\_

PARENT/GUARDIAN NAME: \_\_\_\_\_

**\*\*The following questions relate to your general health. The details of this form will only be reviewed by your health care provider. \*\***

School: \_\_\_\_\_ Athletic Trainer: \_\_\_\_\_

Sport: \_\_\_\_\_

Referred for Evaluation by: \_\_\_\_\_

Preferred Pharmacy: (name and location) \_\_\_\_\_

**CURRENT SYMPTOMS:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**CHRONIC MEDICAL PROBLEMS:**  None, healthy

- |  |                                       |  |   |
|--|---------------------------------------|--|---|
| <input type="checkbox"/> ADD/ADHD            | <input type="checkbox"/> Headaches    | <input type="checkbox"/> Hypertension    | <input type="checkbox"/> Mood disorder      |
| <input type="checkbox"/> Learning Disability | <input type="checkbox"/> Migraines    | <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Other (list below) |
| <input type="checkbox"/> Depression          | <input type="checkbox"/> Seizures     | <input type="checkbox"/> Visual Problems |   |
| <input type="checkbox"/> Anxiety             | <input type="checkbox"/> Brain Injury | <input type="checkbox"/> Insomnia        |   |

**ALLERGIES:**  No Allergies

Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_

Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_

**MEDICATIONS:**  No Medications

1. \_\_\_\_\_ Dosage: \_\_\_\_\_ # of Times a day \_\_\_\_\_

Reason for medication: \_\_\_\_\_

2. \_\_\_\_\_ Dosage: \_\_\_\_\_ # of Times a day \_\_\_\_\_

Reason for medication: \_\_\_\_\_

3. \_\_\_\_\_ Dosage: \_\_\_\_\_ # of Times a day \_\_\_\_\_

Reason for medication: \_\_\_\_\_



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PATIENT NAME: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**MED/SURG/INTERIM History** (Hospitalizations, ER visits, and Surgeries)*Hospital stays:*

1. Reason: \_\_\_\_\_ Dates: \_\_\_\_\_

2. Reason: \_\_\_\_\_ Dates: \_\_\_\_\_

*ER visits:*

1. Reason: \_\_\_\_\_ Dates: \_\_\_\_\_

2. Reason: \_\_\_\_\_ Dates: \_\_\_\_\_

*Surgeries:*

1. Reason: \_\_\_\_\_ Dates: \_\_\_\_\_

2. Reason: \_\_\_\_\_ Dates: \_\_\_\_\_

**DIAGNOSTIC TESTS:**

CT head: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

EMG: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

EEG: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

MRA/MRV: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

MRI brain: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Other: \_\_\_\_\_

**FAMILY MEDICAL HISTORY:**

In particular any migraines, chronic headaches, ADD/ADHD, learning difficulties, depression, anxiety, mood disorder, seizures, Alzheimer's, dementia, Parkinson's, strokes in young (<55years old), developmental delays, multiple sclerosis, sudden unexplained deaths, and other illnesses that you know of?

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Siblings: \_\_\_\_\_

OTHER: (grandparents/aunts/uncles/cousins): \_\_\_\_\_

**SOCIAL HISTORY:**

Alcohol use: Y / N                      Daily              Weekly              Monthly

Caffeine use: Y / N                      Daily              Weekly              Monthly

Illicit drug use: Y / N                      Daily              Weekly              Monthly

Who smokes in the family (including patient if patient smokes)? \_\_\_\_\_

Grade in school \_\_\_\_\_ Accommodation \_\_\_\_\_

Mother's occupation: \_\_\_\_\_

Father's occupation: \_\_\_\_\_

Any special spiritual/religious needs? \_\_\_\_\_

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PATIENT NAME: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**HEAD INJURY SYMPTOMS:**

Date of Injury: \_\_\_\_\_

How the injury occurred: \_\_\_\_\_

Describe injury: (hit to the head, to the body, twisting of the neck, etc.) \_\_\_\_\_

Helmet use during injury: (circle please) Y / N

Location of injury (on body): (circle please)

Frontal      Side: R / L      Back      Neck      Face

Location of pain (circle please):

None      Face      Head      Neck

Quality of the pain (circle please):

Aching      Burning      Dull      Sharp      Throbbing      Stabbing

Constant      Intermittent      Other: \_\_\_\_\_

Risk factors (circle please):

Alcohol: Y/ N      Recreational drugs: Y/ N      Prescribed medications: Y/ N

Fractures (broken bones): Y / N      If in car: seat belt: Y/ N

What make symptoms worse? (circle please)

Bending over      Caffeine      Exercise/Exertion      Light      Sound

Lying down      Pressure      Sitting up      Smells      Touch

Others? \_\_\_\_\_

What make symptoms better? (circle please)

Medications \_\_\_\_\_

Cold compresses      Heat      Rest      Sleep      Nothing

Others? \_\_\_\_\_

Associated symptoms: (circle please)

Bleeding from ears	Headache	Memory difficulty	Restlessness
Bruising around eyes	Hearing loss	Nausea	Seizures
Clumsiness	Incoordination	Smell disturbance	Sleepiness
Confusion	Increased thirst	Weakness	Speech change
Ear leakage	Irritable	Personality change	Stiff neck
Nose leakage	Consciousness loss	Increased need to pee	Behaviors
Bloody nose	Numbness	Projectile vomiting	Vision change
Fever	Lucidity		
Gait change	Homework time increased		

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**CONCUSSION HISTORY:**

Have you ever been diagnosed with a head injury or concussion in the past?  No  Yes

(Please list the details below)

Year/Symptoms	Duration	Imaging (CT, MRI, X-ray)	Treatment
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

Do you get car sick?  No  Yes  Sometimes

**DIZZINESS:**

Are you experiencing any symptoms of vertigo (spinning sensation)?  No  Yes

If yes, how long does the spinning last?  Less than 1 minute  2-5 minutes  5 or more minutes

Are you experiencing symptoms of dizziness (fogginess and/or difficulty focusing)?  No  Yes

Are you feeling off balance?  No  Yes

**VISION:**

Do your eyes feel tired when reading or doing close work?  No  Yes

Do you notice the work blurring or coming in and out of focus when reading or doing close work?  No  Yes

Do you have blurred vision at far distance?  No  Yes

Do you cover or close one eye to see well?  No  Yes